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Micro-Community	7 :		
Date:			
Contact:			

Keep this by the front door so you have access to this vital information during a disaster.

Print a copy for every household in your micro-community.

Set up a phone tree for communication.

The best way to survive disasters is to have a plan.

Please read this packet and start preparing now!



Go Bags



#1: PUT TOGETHER GO BAGS

Fill an old backpack or suitcase with things you'll need to survive in the case of an evacuation. You can put together 2 Go Bags.

Go	Bag	#1:	Vehic	les

This bag has things that you'll need to survive for 3-5 days:
First aid kit
Food (high protein, energy boosting, non-perishable, plates/utensils)
Personal hygiene (toothbrush/paste, shampoo/conditioner, glasses, contact lens cases/
solution, medications, razors, tampons/pads, etc.)
Water (3 gal/person; water purification tablets)
Tools (wrench, screwdriver, saw, hammer, can opener, phone chargers)
Battery-powered radio and flashlight
Clothes (long pants, sweatshirts/jackets, sturdy shoes, hats, etc)
Sleeping bags/pillows
Paperwork (copies of IDs, insurance policies, prescriptions, important phone numbers,
back-up drives, and cash (small bills))
Pet plans (dog bowls, vaccination records, leash)
Other:
Go Bag #2: House
This bag has a list of things to grab before you evacuate your house. Staple it to a backpack or
cloth bag. By having a list of things, you won't have to make difficult decisions about what to tal
with you while you're stressed out.
Precious jewelry
Cash Madinationa/Madinal agricument
Medications/Medical equipment
Important documents (mortgage, insurance, investments, etc)
Computer drives/laptops/back-up drivesPhoto albums
Videotapes/drives
Framed photos Artwork
Artwork Other:
Oulci



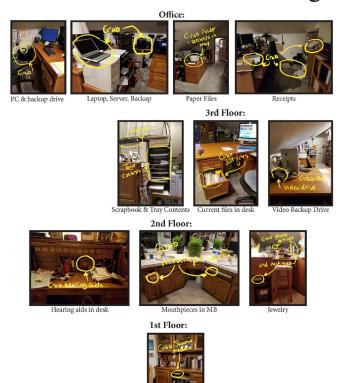
Go Bags



Photo Evacuation Go Bag List

For your Go Bag for your house, consider taking photos of the items that you want to take if you are evacuating your home. That way, if you can't remember which things to take, you'll have a snapshot to refresh your memory. This also makes it easier for family members or friends who may need to collect your things if you are out of town. Staple the photo sheet and the list to your cloth bag or backpacks. Leave your Go Bags near an exit door in your home.

Photo Evacuation Go Bag



1. Water (1 gal/person/day) 2. Nomperishable food (nuts, dried fruit, crackers) 3. Dog food in plastic container/bowl (2) 4. Water bowl (2) 5. Flashlight (extra batteries) 6. Duct tape 7. Zip ties (variety of sizes) 8. Rope 9. Tarp 10. Dust masks 11. First aid kit (EpiPen, Ibuprofen, bandages, Neosporin, thermometer, gauze, etc) 12. Sleeping bags (2) and pillows (2) 13. Crank radio 14. Matches in Ziplock bag 15. Toilet paper 16. Plastic trash bags 17. Moist towelettes 18. Can opener 19. Pilers 20. Whistle 21. H2 Minipack charger 22. Toiletry supplies 23. Food 24. Makeup & Lotion 25. Makeup & Lotion 26. Jacket and sweatshirt 27. Tapins shoes, boots 28. Call phone and charger 39. Cell phone and charger 40. Clothes (3 days) [pants, shirts, undies, socks] 41. Emnis shoes, boots 42. Laptop and charger 43. Contact lense or glasses 44. Captop and charger 45. Contact lense or glasses 46. Contact lense or glasses 47. Contact lense solution 48. Contact lense or glasses 49. Medical equipment 40. Meds 41. Cash 42. Swiss Army knife 43. Visor/Hat 44. Toiletry bag 45. Select family photos/albums 46. Files or records 47. Specific family videos 48. Captop and charger 49. Contact family videos 49. Medical equipment 40. Meds 41. Toiletry bag 41. Toiletry bag 42. Select family photos/albums 43. Files or records 44. Matches in Ziplock bag 45. Select family videos 47. Laptop and charger 48. Contact lense or glasse 49. Medical equipment 40. Meds 41. Cash 42. Swiss Army knife 43. Visor/Hat 44. Toiletry bag 45. Select family photos/albums 46. Files or records 47. Specific family videos	Things to grab if there's time:	Go Bag for Cars:
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3. Dog food in plastic container/bowl (2) 4. Water bowl (2) 5. Flashlight (extra batteries) 6. Duct tape 7. Zip ties (variety of sizes) 8. Rope 9. Tarp 10. Dust masks 11. First aid kit (EpiPen, Ibuprofen, bandages, Neosporin, thermometer, gauze, etc) 12. Sleeping bags (2) and pillows (2) 13. Crank radio 14. Matches in Ziplock bag 15. Toilet paper 16. Plastic trash bags 17. Moist towelettes 18. Can opener 19. Pliers 20. Whistle 21. H2 Minipack charger 22. Toiletry supplies 23. Food Mom's Go Bag in house: 1. Clothes (3 days) [pants, shirts, undies, socks] 2. Jacket and sweatshirt 4. Tennis shoes, boots 5. Cell phone and charger 7. Contact lenses or glasses 9. Contact lense or glasses 9. Contact lense so glasses 9. Medical equipment 10. Meds 11. Cash 12. Swiss Army knife 13. Visor/Hat 14. Toiletry bag 15. Select family photos/albums 16. Files or records 16. Flest or records	l	Nonperishable food (nuts, dried fruit, crackers)
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Alert Notification System & Update Fire Dept



#2: SIGN UP FOR AN ALERT NOTIFICATION SYSTEM

By signing up for alert notification systems, you will receive important messages in your county. All you need to do is sign up with your cell or VOIP phone number as well as GPS service, and you'll automatically receive emergency messages (evacuation and disaster updates). Check with your local county for the alert notification system they use (there are several).

#3: UPDATE YOUR STATUS WITH LOCAL FIRE DEPARTMENT

During an emergency, your local fire department will have limited time to reach out to affected residents. If you inform them of who lives in your home (including how many disabled, elderly people, and latch-key children), how many indoor and outdoor pets/livestock, gas tanks, electricity meters, water storage tanks, etc, they can more efficiently rescue victims.

Full names of each resident
Street address (including specific directions if the house is not on the main road)
Contact info (landline, cell phone, email)
Ages of residents who are disabled, elderly, or children
Pet names, breeds, ages, and location (indoor/outdoor)
Number and location of propane/gas tanks
Number and location of PG&E meters/shut-off valves
Number, location, and size of water tanks (specify valve type, pump, and hose)
(current level of water)
Medical/Paramedic/EMT/CPR training
Access roads for evacuation (describe and indicate if a fire truck and/or vehicle can use in
case of an emergency)
Ham radio (licensed)

^{**} Share this with your micro-community leader and your local fire department.



Evacuation Plan & Communication System



#4: ORGANIZE EVACUATION PLAN AND MEETING LOCATION

Every household should set up an evacuation plan that consists of collecting go-bags, pets, and family members/neighbors. Know your evacuation routes, and if you have only exit route by car, know other routes that you can take on foot. Practice this with your family.

Plan to meet at one central location after a disaster. Assume that cell phone service will be down and that everyone will be hoofing it to this location. Choose a place that will be safe in the case of a fire or earthquake. For example, you could meet at a nearby grocery store parking lot where there is plenty of asphalt and few structures. Agree that if you should move from the lot, that you will post a note with the new destination on a light pole.

Sometimes you can reach people out of state, even when local calls won't go through. Choose a family member or friend who lives out of state to be the contact person. Tell all family and friends to give updates on location and physical condition to that emergency contact person and make sure that their name and contact info is in each of the go-bags.

#5: MICRO-COMMUNITIES and PHONE TREES

Now that we've discussed your plans with your immediate family and household members, let's consider your neighborhoods. First create a micro-community group that consists of no more than a dozen households. Collect information from each household (see #3). Note medical professionals, construction workers, mental health counselors, and search & rescue teams. Also include people or pets that will need help evacuating. Select the micro-community leader who will be responsible for making sure that all 12 households are informed, prepared, and evacuated should there be an emergency.

The micro-community leader can set up a Phone Tree by selecting 3 reliable volunteers to reach the households quickly. These 3 volunteers then contact 4 of the other families in the neighborhood and report back to the volunteers, who in turn report back to the micro-community leader. If there any dead ends (no contact or responses), then volunteers will go to the house to assess the situation and leave notification of the emergency. The micro-community leader will communicate with the local fire department, American Red Cross, and medical team (hospitals, doctors, paramedics, EMTs) to get support for the micro-communities, and will be the command center until the fire department or other emergency medical professionals arrive. Using available resources, the micro-community leader will direct evacuation routes.



Micro-Community:



LEADER NAME	Name
AddressEmail	Address Email_
CellLandline	CellLandline
Propane Tank Location(s)	Propane Tank Location(s)
PG&E Meter Location(s)	PG&E Meter Location(s)
Fire Dept. Water Tank Valve Non-Ambulatory	Fire Dept. Water Tank Valve Non-Ambulatory
Kids Pets Livestock Others	Kids Pets Livestock Others
Skills/Certs/Equipment	Skills/Certs/Equipment
Nama	Nama
NameEmail	Name Email
CellLandline	CellLandline
Propane Tank Location(s)	Propane Tank Location(s)
PG&E Meter Location(s)	PG&E Meter Location(s)
Fire Dept. Water Tank Valve Non-Ambulatory	Fire Dept. Water Tank Valve Non-Ambulatory
Kids Pets Livestock Others	Kids Pets Livestock Others
Skills/Certs/Equipment	Skills/Certs/Equipment
Nama	Nama
NameEmail	Name
Cell Landline	Cell Landline
Propane Tank Location(s)	Propane Tank Location(s)
PG&E Meter Location(s)	PG&E Meter Location(s)
Fire Dept. Water Tank Valve Non-Ambulatory	Fire Dept. Water Tank Valve Non-Ambulatory
Kids Pets Livestock Others	Kids Pets Livestock Others
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Name	Name
AddressEmail	AddressEmail
Cell Landline	CellLandline
Propane Tank Location(s)	Propane Tank Location(s)
PG&E Meter Location(s)	PG&E Meter Location(s)
Fire Dept. Water Tank Valve Non-Ambulatory	Fire Dept. Water Tank Valve Non-Ambulatory
Kids Pets Livestock Others	KidsPetsLivestockOthers
Skills/Certs/Equipment	Skills/Certs/Equipment
N	NT
Name	Name Address Email
Address Email Email	Address Email
CellLandline	CellLandline
Propane Tank Location(s)	Propane Tank Location(s)
PG&E Meter Location(s)	PG&E Meter Location(s)
Fire Dept. Water Tank Valve Non-Ambulatory	Fire Dept. Water Tank Valve Non-Ambulatory
KidsPetsLivestockOthers	Kids Pets Livestock Others
Skills/Certs/Equipment	Skills/Certs/Equipment



Micro-Community Phone Tree



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	Children	Per	ts	_
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Fire Prevention



#6: FIRE PREVENTION

TATE . 1 .	T 7	**	
Within	Your	Home:	

Install smoke detectors/alarms and test once per month
Maintain a fire extinguisher on every level of your house and in the kitchen, near fireplace/
wood-burning stoves, and in the garage
Set alarm when heating a pan so you don't forget it's on
Clean dryer ducts
Clean heating ducts
Use and maintain appropriate extension cords
Store flammable liquid properly (ventilated space away from sparks and sunlight)
Place candles on ceramic/glass bowls large enough to hold all liquid wax
Use metal fire screen in front of fireplace to prevent flying embers
Around Your Home:
There are 2 defensible spaces to consider when evaluating your home.
Defensible Space Zone 1: Out to 30 feet from building
Remove all dead plants, grass and weeds
Clean rain gutters (leaves, pine needles)
Trim tree limbs up to 10 feet from ground and other trees
Remove tree branches that hang over roof, decks, and chimneys
Move wood piles to Zone 2 or further away
Remove flammable plants near windows and decks
Move wooden patio furniture and play structures to Zone 2
Defensible Space Zone 2: Out to 100 feet from building
Cut or weedwhack grass down to maximum 4 inches
Remove fallen leaves, twigs, and small branches over 3 inches in depth
Create horizontal spacing between shrubs (2-4 times the height) and trees (10-20 feet between)
Create vertical spacing between grass, shrubs and trees (3 times the height of the shrub, and

6-foot minimum clearance from ground to first branches)



Fire Prevention



In Your Neighborhood:

If you're doing all you can to protect your home but your neighbors are not, have a block party or meeting to layout plans to work together to protect everyone. After all, your house could go up in flames regardless of how many hours you've spent shoring it up. There are grants and other funds available to prevent wildland fires; check with your local fire department, CalFire and Resource Conservation District for your county. Check to see if you have a free wood chipper service to help chip tree branches to create the defensible 6-foot space for all of your trees.

#7: COMMUNICATION SIGNAGE

Before the Disaster:

Keep these signs in a place that people can see from the road or driveway. You won't have enough time to search for this in an emergency. Place 2 band-aids with each sign so you can use them to post the sign in a window.

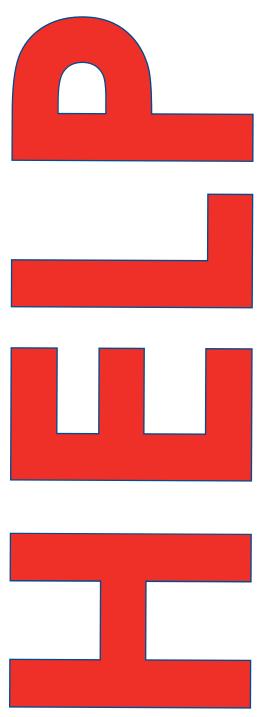
After the Disaster:

Determine whether everyone in your household is okay or needs help. Post the sign with "HELP" or "OK" facing the street using the 2 band-aids. Make sure the sign is easily visible to emergency personnel.



Communication







Communication



